



March Madness is definitely here!! Many of you have been active in the recruiting process with your emails and questions in the last month. Please continue your persistence in updating coaches on your schedule and video uploads.

We are halfway through most of our seasons and that means some open weekends in April and May for all of you in the recruiting process. Open weekends lead to opportunities to schedule unofficial visits for you top schools of interest.

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Unofficial Visits

Athletes can take as many unofficial visits as they wish. Unofficial visits allow you to get a feel of the university and its athletic program since you cannot take an official visit until your senior year. Many of you are in the recruiting process now and need to make some decisions on what you are looking for in your college choice.

Please see page 2 for more information to guide you on your unofficial visits.

March Checklist

- ✓ Registered with the NCAA Clearinghouse
- ✓ Sports Recruits Profile updated with picture and information
- ✓ University Athlete Profile is up to date
- ✓ Decide top 5 details a college needs to provide to you
- ✓ Contacted Top 30 list about interest and provided schedule and video update
- ✓ Create list of 5 schools to visit
- ✓ Working on video and prepared to film matches at remaining tournaments
- ✓ Scheduled ACT, PSAT, and/or SAT
- ✓ Working with HS counselor on Core Class completion and academic progress

Recent Commitments

2017

Kendall Applegate	Mulenburg College
Vanessa Blas	Newberry College
Jade Brooks	Catawba College
Lauren Espinal	Maryville College
Camryn Fredrick	Barton College
Maddie Grace Hough	UNC
Karlie Redfern	Flager College
Hannah Steckler	Lee McRae College
April Tankersly	UNC Pembroke
McKayla Young	NC Central Univ.
Kai Young	Virginia Tech

2018

Jayda Carlton	Xavier University
Sylvia Duggan	College of Charleston

Boys - 2017

Joshua Bragg	Erskine College
Garrett Hill	Belmont Abbey

Unofficial Visits

- Prioritize campuses to visit from your interest list
- Calendar - when can you visit/already playing near campus for tournament
- Review college team schedule to see if they have a home game/tournament
- Contact coaches about visit with potential dates - 1st Choice/2nd Choice
- You will be financially responsible for the visit including food and lodging.
- NCAA allows the following for an unofficial visit:
 - a. A school is able to provide tickets to 3 sporting events under \$100
 - b. You may not take an official or unofficial visit during a dead period.
 - c. You are allowed an unlimited number of unofficial visits to schools at all divisions.
 - d. You may stay overnight on campus during an unofficial visit

Visit Scheduling Suggestions:

What to see on campus:	People to Talk with:
Student Housing	Admissions
Student Union	Financial Aid
Campus Activity Center	Academic Advisor
Athletic Facilities	Sports Medicine Staff
Classes in session	Athletic Trainer
Laboratories	Strength and Conditioning Coach
Library	Sororities
Major sites in the city	Internships
Churches/place of worship	Career Opportunities
Campus Cafeteria	Clergyman
Student Support Services	Study Abroad
Athletic event on campus	Current student from your town
Extra Curricular activities	Current student in your field of study

Visit Question Suggestions:

Schedule

- Can you run me through a typical week of practice?
- What would a typical daily schedule look like for an athlete on this team? Practices? Weight training?
- Please describe the typical season travel schedule. League and non-league travel, mode of travel, time away, timeframe of distant travel.
- Are there any team obligations over school breaks and summers, such as practices, summer camps, training or conditioning regimens, tournaments, pre-season camps, etc. What timeframes?
- Are there training or preseason trips? If so, when and for how long? Will I need a passport?

Academics

- What do I do if I class I need or want to take conflicts with practice times, game times or travel to games?
- What academic support services are available to students? Are there any services (eg. counseling, tutors, study halls, priority course registration) especially for student athletes or athletes from that specific team? Is there a charge for tutoring or is it free?
- What are the most common majors on the team?
- How many courses or credits do team members take each semester?
- Do you have anybody on the team majoring in (insert topic of interest here)? How does he/she like it, feel about it, etc.?
- How accommodating are professors regarding the team's travel schedule?

Academics, cont.

- Do team members typically attend summer school to lighten their load during the season?
- Are there any majors that the coach would consider to be incompatible with playing your sport? - What is your average team GPA?
- What is the track record of team members graduating with their class? Completing their degree? If not, why?

Team goals, structure, and my role/opportunity

- What is the philosophy of the school's athletic program? What role does athletics play in university life?
- How has team performed in the past, both within its league and its post season? What are the prospects for improved performance and why?
- What types of goals do you, as a coach, have for the team in upcoming years?
- What does the coach consider to be his coaching strengths? Can he give examples of how he has helped current team members improve?
- Which coaches will be working with me? Make sure you meet everyone who you will be in contact with.
- What is the authority structure of the coaching staff? The team? What are the responsibilities of the captains?
- Where do you see me fitting in on the team? What position are you recruiting me for?
- What current players are in that position? What class are they in?
- What players are you currently recruiting in my class for that position? Where am I in your priorities?
- How many players do you currently roster? How many players are in your current rotation?
- How do you project my opportunity to become a part of your regular rotation? What is the timetable?
- If I am injured playing, will my scholarship or financial aid remain intact while I am recovering?
- If I am unable to fully recover, will my scholarship or financial aid remain in place and enable me to complete school?

Health/training/conditioning

- What health services, such as physical therapy, are available on campus for athletes?
- What types of injuries have team members had in the past few years, and how are they dealt with?
- What type of weight training is practiced, and how often?

Campus and team life

- Are athletes required to room with team members? If not, how many team members do this voluntarily? -- Is the team housed together in one dorm?
- To what extent do athletes socialize together outside of practice and/or rooming together?
- Are there any special team bonding activities?
- Do most of your athletes find it attainable to balance athletics and academics?
- What is your team's drinking policy?
- When will I be informed if I will be invited for an official recruiting trip (for planning purposes)?

Financial Issues

- Are there opportunities to earn supplemental income to offset tuition or living expenses?
- Residence/dorm adviser
- Structured summer internship programs
- Career placement/ After graduation
- What are typical outcomes for your players after graduation?
- Do any players go on to play professionally?
- Are there structured networking programs to assist team members with job placement?